



Felixstowe Methodist Church Services – October 2026

Minister: Rev Paulson Devasahayam

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Date	Services
Sunday 4 th	Mr Bryan Nichols @ Trinity 10am Mr Roger Theobald @ Trimley 10am Healing & Wholeness Service @ Trinity 6pm – Rev Jo Jacobs (Holy Communion)
Sunday 11 th	Mr John Anthony @ Seaton Road 10am. 'Time for You' @ Seaton Road 4pm – see details over
Sunday 18 th	Rev Paul Howes @ Trinity 10am Including Holy Communion
Sunday 25 th	Rev Jane Cassidy @ Seaton Road 10am Local Arrangement @ Trimley 10am

Dear Felixstowe Methodist Church family and friends,

There was a talented artist who spent many hours painting a beautiful picture. After finishing his work, he looked at it and felt satisfied. He thought it was one of his best paintings, and he wanted people to see it and share their opinions.

One morning, he placed the painting in the busiest place in the town. Underneath it, he wrote: "If you find anything wrong in this painting, please put a cross mark on it." When he returned in the evening, he was shocked to see that the whole painting was covered with cross marks. He became very sad and thought, "Perhaps I am not a good painter. I will stop painting."

In his sadness, he went to his master, who had trained him, and explained what had happened. The master listened to him and said, "Do not lose hope. Paint the same picture once again and place it in the same place. But this time, change the words underneath it." The artist painted the same picture once again and placed it in the town. This time, he wrote: "If you find anything wrong in this painting, brushes and paints are provided. Please correct it."

When he returned in the evening, he found that the painting was untouched. No one had corrected even a single part of it.

Friends, it is very easy to find fault with others, but it is not easy to correct the fault or help someone to improve. Many people may be ready to criticise, but only a few are willing to contribute positively.

Jesus said: "Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? First take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye" (Matthew 7:3, 5). Jesus is not saying that we should ignore everything that is wrong. There are times when concerns must be raised, and mistakes must be corrected. But Jesus teaches us to examine ourselves first, then help others with love, humility, and understanding. Correction should not humiliate or discourage a person; it should help that person to grow. Paul writes: "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen" (Ephesians 4:29).

Our words should be used to build one another up, not to pull one another down. Therefore, let us use our words carefully to encourage the discouraged, strengthen the weak and bring hope to those who are struggling. May God give us the humility to examine ourselves, the wisdom to speak with love and the courage to become part of the solution. May this month be a time when we build one another up and work together to make God's love visible in all that we say and do.

In Christ's love,

Paulson

	Information about activities and events
Mondays	Hobbies Group @ Trinity 12.30-3.00pm Informal Chat & Support Group @ Trinity 12.30-3.00pm Brownies @ Seaton Road 5.30-7.00pm
Tuesdays (2 nd and 4 th)	'No Labels' An opportunity to relax in a non-judgemental and safe space. 1.30 – 3.30, @ Seaton Road
Tuesdays	Prayers @ Trimley – 10.15 – 11.15am. Mid-week Communion on the first Tuesday of the month 10.15am Coffee from 11.15am
Tuesdays (2 nd and 4 th)	Tea and Chat @ Trimley – 2.00 – 4.00pm.
Tuesdays (1 st in month)	Muddy Church @ Seaton Road. Arrival from 3.30pm, Muddy Church session from 4 – 5.15pm. For children and their parents/carers.
Wednesdays (term time)	Open 4 U @ Trinity – 9.15 – 11.15am. For children aged 0-4 with carers.
Wednesdays (1 st and 3 rd)	Home Group 7pm email: carolmoeke@hotmail.com for details
Thursdays	Coffee morning @ Trinity 10am-12 noon.
Thursdays	'Well in the Week' @ Seaton Road 10.30-11.00am – a time of music, prayer and a message, followed by coffee - No Well in the Week on the third Thursday in the month when it is Church Lunch – for details of this please email lunch@felixstowemc.org.uk
Thursdays	Trinity Folk Cafe. – 8 th October 7.30-10pm. Come along and enjoy playing your instrument(s), singing, reciting a poem or just to listen and enjoy good fellowship. Free refreshments.
Saturday	Trimley Red Devils – community engagement First Saturday of the month - coffee morning @ Trimley 10.30 – 12 Last Saturday of the month – coffee morning @ Kirton 10.00 – 11.30am

Fairtrade Family Funday – Saturday 3rd October - Games – activities – refreshments – competitions – chocolate fountain – Felixstowe Library, 10am – 2pm – everyone welcome!

Please remember all the young people and leaders attending the Methodist Church **3Generate** event at the NEC, Birmingham the first weekend in October, 2nd – 4th.

Walton Parish Nursing - Women's Heart Health Talk to be given by Parish Nurse Lorna Bellamy on Thursday 8th October 2026, 2.30pm @ Trinity. Suggested donation of £5 per person.

Time for You – 11th October (2nd Sunday in the month) 4pm @ Seaton Road – Time for a cuppa – Time for a Bible story – Time for prayer – Time for a chat – Time for You.

FMC Quiz Night – Friday 16th October, 7pm @ Trinity – Come as a team or join a team on the night. £5 per person – bring your own snacks, drinks will be provided. All proceeds to 24-7 Prayer Peru and to Church funds. To book a place email info@felixstowemc.org.uk or text 07519043580.

Walton Parish Nursing Celebration Service – 3pm Sunday 25th October at Maidstone Road Baptist Church – speaker Rev'd Canon Charlotte Cook. Refreshments after the service.

Harbour Hope – time of worship at QVSR (Seafarers' Centre in the Port). Sunday 25th October at 6pm. Praise and Worship, Prayer and Reflection, Fellowship and Hospitality. Everyone welcome.

Our next **Church Council meeting** is on Monday 26th October, 2pm @ Trinity. Everyone welcome to this meeting although only members of the Church Council are able to propose or vote on items.

Please note: If you have any items for the November monthly notices please let Robin have these via email at notices@felixstowemc.org.uk by **October 11th** - Many thanks.