



Felixstowe Methodist Church Services – June 2026

Minister: Rev Paulson Devasahayam

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Date	Services – Bible Month
Sunday 7 th	Rev Paulson Devasahayam @ Trinity 10am Rev Mike Cassidy @ Trimley 10am
Sunday 14 th	Café Worship @ Seaton Road 10am See over for details of the Multicultural service 4.30pm at Bramford Road
Sunday 21 st	Rev Jane Cassidy @ Trinity 10am
Sunday 28 th	Rev Jo Jacobs @ Seaton Road 10am Mr Bryan Nichols @ Trimley 10am Healing & Wholeness Service @ Trinity 6.00pm – Rev Jo Jacobs

Dear Felixstowe Methodist Church family and friends,

The month of June is a special month in the life of our church and circuit, as we observe Bible Month, Prayer Month, and our Multicultural Service.

This year, for Bible Month, we will be reflecting on Paul's letter to the Philippians, often known as the Epistle of Joy. It is quite amazing that in this short letter, words like joy and rejoicing appear many times. What makes this even more meaningful is that Paul wrote this letter while he was in prison, facing an uncertain future, because of his faithfulness to the gospel.

That makes Philippians a very relevant letter for us today. Many times, the situations around us may not look joyful or hopeful. Personal struggles, health concerns, family worries, financial pressures, and uncertainty about the future can easily make us tired, anxious, and discouraged. At such times, we may wonder: How could Paul speak so much about joy while sitting in prison? Perhaps the answer is this: Paul's joy was not based on his circumstances, but on Christ. Paul says in Philippians 4:4–6:

“Rejoice in the Lord always. I will say it again: Rejoice... Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

I came across these words by Robert Updegraff in his book *All the Time You Need*: “Happiness is to be found along the way, not at the end of the road, for then the journey is over and it is too late. Today, this hour, this minute is the time for each of us to sense that life is good, with all of its trials and troubles and perhaps more interesting because of them.”

As Christians, our joy is deeper than temporary happiness. It comes from knowing that God is still at work, even when we cannot clearly see it. God's work does not stop because life becomes uncertain.

Paul also reminds us in Philippians 1:6: “Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” Philippians reminds us to keep trusting, praying, and rejoicing in the Lord. So I warmly encourage you to join us in the different events during June.

In Christ's love,

Paulson

	Information about activities and events
Mondays	Hobbies Group @ Trinity 12.30-3.00pm Informal Chat & Support Group @ Trinity 12.30-3.00pm Brownies @ Seaton Road 5.30-7.00pm – term time
Tuesdays (2 nd and 4 th)	'No Labels' An opportunity to relax in a non-judgemental and safe space. 1.30 – 3.30, @ Seaton Road
Tuesdays	Prayers @ Trimley – 10.15 – 11.15am. Coffee from 11.15am
Tuesdays (2 nd and 4 th)	Tea and Chat @ Trimley – 2.00 – 4.00pm.
Tuesdays (1 st in the month)	Muddy Church @ Seaton Road. Arrival from 3.30pm, Muddy Church session from 4 – 5.15pm. For children and their parents/carers.
Wednesdays (term time)	Open 4 U @ Trinity – 9.15 – 11.15am. For children aged 0-4 with carers.
Thursdays	Coffee morning @ Trinity 10am-12 noon.
Thursdays	'Well in the Week' @ Seaton Road 10.30-11.00am – a time of music, prayer and a message, followed by coffee - No Well in the Week on the third Thursday in the month when it is Church Lunch – for details of this please email lunch@felixstowemc.org.uk
Thursdays	Trinity Folk Cafe. – 11 th June 7.30-10pm. Come along and enjoy playing your instrument(s), singing, reciting a poem or just to listen and enjoy good fellowship. Free refreshments.
Saturday	Trimley Red Devils – community engagement (during the football season) First Saturday of the month - coffee morning @ Trimley 10.30 – 12 Last Saturday of the month – coffee morning @ Kirton 10.00 – 11.30am

Flowers @ Trinity: 21st June provided by Lena in memory of Barry.

Our services in June will follow a theme based on **"Bible Month"**. Rev Paulson will also be running a series of weekly **Bible Studies** on a Monday evening (starting on the 8th), 7pm @ Trinity. Please put those dates in your diary and join us if you can.

Monday 1st June – **The AGM and Forum of Churches Together in Felixstowe @ Trinity**, 7pm (refreshments from 6.30pm). Speakers: Josh Geddis-Pile (Chaplain for QVSR in the Port) and Stephen Wyatt (Felixstowe Fairtrade Forum). Everyone is very welcome to this event.

Coffee Morning @ Trinity on Saturday 13th June, 10am-12noon. This is in support of **The Bus Shelter**, a charity helping the homeless in this area. Refreshments + a general stall. Please come along!

Methodist Circuit Multicultural service – Sunday 14th June, **4.30pm** at Bramford Road Methodist Church, Ipswich. Music from around the world, worship, fellowship.

The **URC** are holding a **Summer Songs of Praise** – Sunday 14th June at 3pm. This will be followed by refreshments – please email info@felixstowemc.org.uk if you are hoping to go to this.

Our **Annual Church Meeting and next Church Council Meeting** takes place on Monday 15th June, 2pm @ Seaton Road. Everyone is welcome to attend these meetings.

Kirton Garden Café – starts again on Tuesday 23rd June – 10am – 12.30pm. Live music from 11am

Walton Parish Nursing - a fundraising event on Wednesday 24th June at 2.30pm at St Mary's Church. For a minimum £5 donation come and learn about **Women's Heart Health with healthy refreshments**. The talk will last approximately half an hour with conversation afterwards. Also, Walton Parish Nursing has a regular **Prayer Group** who meet remotely every 3rd Tuesday of the month between 2-3pm. They would welcome prayers from anyone who feels that they could support them. Please pray for the work of the Parish Nurses, volunteers and continued funding sources. For further information speak to Hazel (Rusby).

June is also the **Circuit Month of Prayer**. Please see the flyers for more details. Everyone is encouraged to find time to pray (if possible, at 6pm every day) for our Methodist Circuit and its Churches. In Felixstowe we will also be holding a **one-off time of prayer** at the home of Carol and Paul Moeke (87, Queens Road, Felixstowe). This is on Thursday 25th June at 12noon (lasting around an hour).

A reminder: FMC are holding a day down at "The Hut" on the seafront. This is on Friday 14th August between 10am and 4pm (come along any time and stay as long as you wish). Further details to follow.

Please note: If you have any items for the July monthly notices please let Robin have these via email at notices@felixstowemc.org.uk by **June 14th** - Many thanks.